
History of the Ascension of Our Lord



The Ascension of Our Lord, which occurred 40 days after Jesus Christ rose from the dead on Easter, is the final act of our redemption that Christ began on Good Friday. On this day, the risen Christ, in the sight of His apostles, ascended bodily into Heaven (Luke 24:51; Mark 16:19; Acts 1:9-11). *(In some countries, including Canada, the feast of the Ascension is moved to the closest Sunday)*

The reality of Christ's Ascension is so important that the creeds (the basic statements of belief) of Christianity all affirm, in the words of the Apostles' Creed, that "He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He shall come to judge the living and the dead." The denial of the Ascension is as grave a departure from Christian teaching as is denial of Christ's Resurrection.

Christ's bodily Ascension foreshadows our own entrance into Heaven not simply as souls, after our death, but as glorified bodies, after the resurrection of the dead at the Final Judgment. In redeeming mankind, Christ not only offered salvation to our souls but began the restoration of the material world itself to the glory that God intended before Adam's fall.

The Feast of the Ascension marks the beginning of the first novena, or nine days of prayer. Before His Ascension, Christ promised to send the Holy Spirit to His apostles. Their prayer for the coming of the Holy Spirit, which began on Ascension Thursday, ended with the descent of the Holy Spirit on Pentecost Sunday, ten days later.

Today, Catholics recall that first novena by praying the Novena to the Holy Spirit between Ascension and Pentecost, asking for the gifts of the Holy Spirit and the fruits of the Holy Spirit.

"Today our Lord Jesus Christ ascended into heaven; let our hearts ascend with him. Listen to the words of the Apostle: If you have risen with Christ, set your hearts on the things that are above where Christ is, seated at the right hand of God; seek the things that are above, not the things that are on earth. For just as he remained with us even after his ascension, so we too are already in heaven with him, even though what is promised us has not yet been fulfilled in our bodies."

(St. Augustine)



NO Mass on Mondays

Please consider joining fellow parishioners, and of course myself, for daily Mass as we journey through the year by reflecting on a different saint of the day. ~ Fr. Irek

Tuesday, June 4

8:00 am - for the intentions of Kay Normore - O'Neill family
+ ANTONIO NORDELO MELO & FAMILY - Fatima

Wednesday, June 5

Exposition of the Blessed Sacrament begins at 6:00 pm and concludes with Benediction at 7:00 pm
7:15 pm + MARY & GERRY COUTURIER - Maria and John
+ ADAM CHOROS - his family
Sacrament of Reconciliation 6:00 - 7:00 pm

Thursday, June 6

8:00 am + NORBERTO BORGES - Maria Borges
- for vocations to the priesthood and religious life

Friday, June 7 - FIRST FRIDAY

No Morning Mass
6:00 pm - In Thanksgiving - from Purita Avilla
+ JOE, MARIA, TONY & NANCY PUIM - Frank and Gail

Saturday, June 8

8:00 am - intentions of Maureen and Doug Murray -
From Bob & Peggy
5:00 pm + ERIC & ELIZABETH THIES - Alex
+ JIM DELAHUNTY - Pat and family
+ MR. & MRS. HECTOR BILODEAU - Andre

Sunday, June 9 - PENTECOST

9:00 am - for the intentions of all parishioners
11:00 am + BILL WYNEN - Irene and family



Many blessings and congratulations to Noemia and Joe DeSousa as you celebrate your 25th wedding anniversary.

"Nevertheless, in the Lord woman is not independent of man nor man of woman; for as woman was made from man, so man is now born of woman. And all things are from God." 1 Corinthians 11:11-12



Sundae Sunday!
Join us to say farewell to Father Irek
June 22/23 after all Masses
 Join us to enjoy a refreshing ice cream sundae while saying good-bye to Father Irek who will be moving to St. Clement's, Ontario on June 25th.

MASS for ANOINTING of the SICK

You are invited to attend a Mass of Anointing of the Sick on **Wednesday, June 5, at 2:00 p.m.** at **St. Clement Parish**, 745 Duke Street, Cambridge. The conferring of the Sacrament will take place in the pews during Mass. The Sacrament is intended not only for the sick but for those weakened by old age or failing health, those about to undergo serious surgery, and those who personally feel a need for the healing hand of the Lord.

If you have family or friends who are housebound or in a nursing home, please consider assisting them to attend this special Mass. Our lift (on the Westminster side of the church) allows wheelchair access to the church and parish hall, and there is a wheelchair-accessible washroom in the hall.

Refreshments will be served following the Mass. To help us plan for hospitality, please R.S.V.P. to 519-653-6123 or stclements@rogers.com if you plan to attend. Thank you.

Retreat for Girls ages 11-15

The Sisters of Our Lady Immaculate are hosting their annual **Hearts Set ABLAZE Retreat** for young girls aged 11 - 15 years. The retreat will be from June 21-23 at Camp Brebeuf, near Rockwood, Ontario. There will be games, conferences, time for prayer, talks and lots more. To register or find out more information about the retreat please contact Sister Viola at retreats@solisisters.ca or visit solisisters.weebly.com

Some of the retreat highlights include:

- Holy Mass
- Eucharistic Adoration (private visits to chapel always encouraged)
- Sacrament of Reconciliation
- Private & Communal Prayer; Silent Time
- Devotions to Our Lady, the Rosary, Processions, and May Crowning
- Music ranging from traditional Catholic hymns to praise & worship



Reminder... please return the baby bottles on the weekend of Father's Day - June 16. Your donations to the Cambridge Pregnancy Resource Centre will be much appreciated.

Cura Pastorum (*Latin for "Care of Shepherds"*) **Care for Retired Priests**

NEW Diocesan collection - June 8/9

"Cura Pastorum" is the association in the Diocese of Hamilton which provides financial assistance to retired priests who served with dedication over the years. For complete explanation and information please read the insert in today's bulletin.

Guest speaker - Estate planning, wills, etc.
at Lounsbury Funeral Home 1766 Franklin Blvd, Hespeler
Tuesday June 4 from 6:30 - 8:00 pm

Learn about:

- why unprepared estate planning can devastate your family
 - importance of having a proper living will and health directive
 - pre-planning your final wishes
 - how to prevent funeral overspending
 - importance of the executor(s) - the do's and don'ts
- FREE - Limited seating - please phone to reserve your space
 519-658-9366

Replacement Adorers needed for the Adoration Chapel:

Tuesdays 9:00am - 10:00 am

Thursdays 5:00 pm - 6:00 pm (from June 27 to Sept 12)

Fridays 9:00 am - 10:00 am

Saturdays 5:00 pm - 6:00 pm (May to July)

If you can assist, even temporarily, please contact the office so that we know the time is filled.

With vacation season starting we will require temporary people to fill-in when others are away. If you want to add your name to our "temporary fill-in list" of adorers, please contact Barb at the parish office.



Our monthly **bridge/euchre card party** will be held **Saturday June 8, 2019 at 6:30 pm**. Cost is \$6.00 at the door.

Theology of the Body for Teens DVD

The St. Ambrose Ladies Group has purchased a copy of the DVD set, *Theology of the Body for Teens* (High School Edition) and the parent guide to accompany this. It is an excellent tool that can assist parents discussing sexuality with their teenager, based on Saint John Paul II's "Theology of the Body" that will help them understand the meaning of their bodies, the significance of their sexuality, the purpose of their lives, and how they were uniquely created for greatness.

This is available for our parishioners to borrow, and can be found at the back of the church. Please remember to sign for this set.