

# St. Ambrose Church



210 South Street, Cambridge ON N1R 2P4 519-621-2013

Email: [stambrose@golden.net](mailto:stambrose@golden.net) Website: [stambrosecambridge.ca](http://stambrosecambridge.ca)

**OFFICE HOURS:** Monday to Thursday 9am to 4pm, Friday 9am to 2pm. After hours by appointment only.

## WEEKEND HOLY MASSES:

Saturday 5:00 pm

Sunday 9:00 am and 11:00 am

## SACRAMENT OF RECONCILIATION:

Tuesday, Thursday, and Friday from 8:30 am to 9:30 am

Wednesday 6:00 pm to 6:45 pm

Saturday 4:00 pm to 4:45 pm

Sunday from 8:00 am to 8:45 am; 10:15 am to 10:45 am

## Fr. Gary Schlack - Pastor

Fr. Michael King, retired - in residence

Rev. Mr. Nick Cherri - Deacon

Rev. Mr. Paul Klaassen - Deacon

Barbara Roy - Administrative Assistant

Myra Klaassen - Parish Ministry

Sandy Figueiredo - Sacristan/Custodian

Carol Renner - rectory housekeeper

**PARISH SCHOOLS:** St. Anne School 519-621-8920  
Holy Spirit School 519-621-8973

St. Vincent de Paul School 519-740-0678  
Monsignor Doyle High School 519-622-1290

**BAPTISM** - The Baptism Preparation Program for parents is required before a Baptism date is scheduled.

**MARRIAGE** - Contact the parish office at least 12 months in advance, as Marriage Preparation is required.

**VISITS and COMMUNION TO THE SICK** - Inform the parish office of hospitalization or home confinement.

**SOCIETY OF ST. VINCENT DE PAUL** - for assistance with food vouchers, leave a message at 519-623-8764

- St. Vincent de Paul Value Store 519-629-0103

## First Saturday Promise:

*"Behold, my daughter, my Heart encircled with thorns, with which ungrateful people pierce It at every moment by their blasphemies and ingratitude. Give me consolation, you, at least; and make known on my behalf that I promise to assist at the hour of death, with the graces necessary for salvation, all who on the First Saturday of five consecutive months: 1) confess their sins, 2) receive Holy Communion, 3) recite five decades of the Rosary, 4) keep me company for fifteen minutes meditating on the mysteries of the Rosary, 5) and have the intention of making reparation to my Immaculate Heart."*

(Our Lady of Fatima's message to Lucia)

First Saturday Masses are held at 8:00 am each month at St. Ambrose Church.

Be strong and courageous...  
for the LORD your God is with you  
wherever you go.  
-Joshua 1:9

Back to School time!

The beginning of a new school year, like so many other new beginnings, holds challenge,

promise, excitement, anticipation... and stress. As a parent, you're no doubt concerned about many things: buying new clothes that your kids won't grow out of immediately, making sure their backpacks fit them, figuring out the lunchbox routine again, reminding them that soon they're going to have to go back to a regular bedtime. And that's just the obvious stuff.

What about back-to-school concerns around your child's *spiritual* life? Regardless of kids' summer reading habits, fall belongs to books and you're going to want to make sure that reading becomes second-nature to them.

Here are some ways to lower your stress level as you help your child prepare for back-to-school routines:

- 1. Stay calm and relaxed:** It sounds obvious, but staying calm will lower your stress—and lower your kids' stress, too. Your child is struggling with a seemingly endless array of emotions... and counts on you to keep them grounded.
- 2. Begin or continue a family prayer time:** Even if it's just gathering for an Our Father every evening, this is another way to keep kids grounded in the right things on a daily basis. Consistency is more important here than length of time spent in prayer.
- 3. Talk with your kids:** They're dealing with scary changes, and a quick "how was your day?" isn't going to make them feel that you understand. Discuss expectations, fears, and concerns.
- 4. Talk with your kids, part two:** One of the things that Scripture points out is the need for joy. Be sure to ask your child every day to cite one thing that was better today than yesterday. There's always something, and it reminds everyone that things aren't as bleak as we make them out to be.
- 5. Provide enriching reading:** There's not always time for outside reading as your child grapples with daily schoolwork, but be sure that they have at least one book that you feel good about them reading.
- 6. Take time for yourself.** It's very easy to get so caught up in your child's back-to-school world that you run out of time for yourself. But running out of time eventually equates to running out of steam, and you can't afford to have that happen! Instead, reserve 15 minutes every day for yourself. Lie down, read, enjoy a beverage, say a Rosary.
- 7. Pray without ceasing.** No, you don't have time to spend hours in church or at prayer. You can make your busy life your offering. Wear some piece of jewelry (a crucifix, a bracelet) that you can use as a touchstone, to keep you grounded in God throughout the day. Keep a prayer or a hymn running through your mind all day. You'll be amazed what it does for your stress!



The parish office is closed on Monday, Sept 2<sup>nd</sup> for the Labour Day holiday.

**No Mass on Mondays**

**Tuesday, September 3**

8:00 am – for peace in our world, our country and in our homes – Marie and Theresa

**CONFESSIONS at 8:30 am to 9:30 am**

**Adoration of the Blessed Sacrament 8:30 – 9:30 am**

**Wednesday, September 4**

7:00 pm + SOULS IN PURGATORY – Thanh

+ FRANCISCO ALVES – Juliete

- intention of Lucia

- a special intention – Maria Correia

**CONFESSIONS at 6:00 pm to 6:45 pm**

**Adoration of the Blessed Sacrament 6pm to 7pm**

**Thursday, September 5**

8:00 am – intentions of Tony and Shirley Borges

**CONFESSIONS at 8:30 am to 9:30 am**

**Adoration of the Blessed Sacrament 8:30 – 9:30 am**

**Friday, September 6**

8:00 am – intentions of Arsenio and Estrella Pontalba

**CONFESSIONS at 8:30 am to 9:30 am**

**Adoration of the Blessed Sacrament 8:30 – 9:30 am**

**Saturday, September 7**

8:00 am – Healing of the family tree

**CONFESSIONS at 4:00 pm to 4:45 pm**

5:00 pm + JOAO LARANJEIRO – Tony and Fatima

+ MARIA FITA – Alda Medeiros

+ PETER AND JOSEPH – Theresa Tran

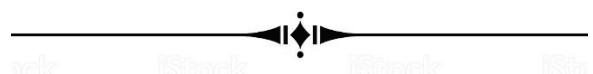
+ ADELINA MACHADO – Manuel and Ana Silveira

**Sunday, September 8**

9:00 am – for the intentions of all parishioners

11:00 am + DECEASED DIETRICH FAMILY

**CONFESSIONS: 8:00 to 8:45 am and 10:15 am to 10:45 am**



**Galt Council 2184 Knights of Columbus  
50/50 Draw**

**Grand Prize Draw – December 31, 2024**

**Early Bird Draw** on October 14, at 9:00 am of \$500, \$250, \$250 cash prizes

In support of the charitable works of the Knights of Columbus Galt Council 2184  
License #RAF1355216

To purchase tickets online go to:

[www.rafflebox.ca/raffle/k-of-c-ont/287](http://www.rafflebox.ca/raffle/k-of-c-ont/287)



**OR scan the QR code above**

**Be A Man** men's group will resume their weekly gatherings on Saturday mornings on September 21<sup>st</sup> at 7:00 AM in St. Ambrose Church hall. Coffee and muffins provided. Join us for prayer, reflection and discussion.



**Mass at Mount View Cemetery**

All are welcome to attend the re-instated Annual Memorial Mass at Mount View Cemetery (Blair Road in Galt) on **Saturday, September 14** at 10:00 am. This Mass will be outdoors - you are welcome to bring a lawn chair and in the case of rain, perhaps an umbrella.

**Children's Liturgy** – Begins Sunday, Sept 8 at 11:00 am Mass. Children age 4 to 7 are welcome. The children will be invited to join the facilitator at the beginning of Mass, then everyone will proceed downstairs to the Children's Liturgy room. They will return upstairs at the offertory part of the Mass and sit as a group in the front pews. No sign-up required.

**Parishioner looking for a ride to church.** This lady lives in the Hespeler Road area and no longer drives. If you can assist, please phone the parish office for information.

**Moms and Tots, Pray and Play will NOT be held** in September. It will resume Monday, October 28<sup>th</sup>. Previously, the program had been held on the last Wednesday of each month. Beginning in October, it will be held on the last MONDAY of each month.



September 25 to  
November 3, 2024

Please register for your weekly hour online at  
[40daysforlife.com/kitchener](http://40daysforlife.com/kitchener)

We invite you to join together with a million volunteers across North America who will simultaneously participate in 40 consecutive days of prayer and fasting for an end to abortion.

This peaceful vigil will be held across the street from the entrance to Freeport Hospital in Kitchener, between 7am and 7pm, daily. It is vital to spread the message that human life is sacred and that a Canadian law needs to be enacted to stop the killing of innocent babies.

The Opening Rally will be Tuesday, September 24 at Sacred Heart Parish, 66 Shanley Street, Kitchener, with Mass at 7pm. Refreshments and sign-ups to follow Mass.

**Safety and the Awareness of Fraud**

This information session is presented by a Waterloo Regional Police Services officer in response to the concern of the increase of fraud.

**Tuesday, September 10 at 1:30 pm**

St. Patrick Church hall, 53 Wellington St. Cambridge  
Entrance to the church hall is at the back of the building.  
Wheelchair accessible.



**Liturgical Ministry** is one way to fulfill your baptismal call to God, His people and the Church. St. Ambrose

Parish would like to welcome those who hear the call to ministry in such areas as: Lectors; Extraordinary Ministers of the Eucharist; Children's Liturgy of the Word; Altar Servers; Choir members.

Attendance at workshops provided by the Diocese of Hamilton is required of volunteers for certain ministries. These workshops will be held in the Fall. For more information, please contact Barb at the parish office.

**WALK FOR LIFE:** Cambridge Right to Life will be holding their annual "Walk for Life" fundraiser **Saturday, September 21st at 10.00 am**, to continue their work of defending "Life from conception until natural death". The 5K walk will take place **from the Grace Bible Church, 2 Grand Ave S.**, with sign-in at 9:30.

Deacon Paul Klaassen will participate and would appreciate your sponsorship.

*Service built on a simple idea...*

Locally Owned & Operated



**...we care.**

Steve Parker, Owner & Managing Director  
95 DUNDAS STREET NORTH, CAMBRIDGE • 519-740-0669

**SHOPPERS DRUG MART**

Open 7 Days a Week till Midnight  
115 Dundas St. 519-623-5920

**RAPOSO FINANCIAL SERVICES**

JOHN RAPOSO  
Financial Planning Specialist  
Bus 519-623-2700 Cel 519-241-8070

**DUMFRIES MEMORIALS**  
Established 1908  
670 Fountain St. N.  
519-650-0190

**Euro Pastry & Bakery**

Fresh Bread & Pastries Daily  
115 Christopher Dr. 519-623-3280

**DUNDAS AUTOBODY**

Garagem de Bate Chapa e Pintura  
450 Dundas St. S.  
519-623-7040

**SWISS CHALET** \$5.00 OFF

any purchase over \$25  
(before Tax, not valid with any other offer)

DINE IN, WALK IN or TAKE OUT ONLY  
VALID ONLY AT

101 Dundas 519-624-9595  
506 Hespeler 519-623-5807

**Goad and Goad LAW FIRM**

Estate and Wills • Powers of Attorney  
Real Estate & Business Law  
519-623-7660  
www.goadandgoad.com

**ELGIN NORTH AUTO BODY LIMITED**

Serving the Community Since 1981  
Mario George & Roberto Fernandes  
232 Elgin St. N. 519-623-0393

**XPERT TRANSMISSION**  
A TOTAL CAR CARE

390 Hespeler Rd. 519-624-2400

**BATISTA Heating & Air Conditioning Ltd.**

Sales • Service • Installations  
519-622-6902  
Owner/Operator • Dave Batista

**PEGASUS**

519.620.7991  
pegasus-glass.com

**Highland I.D.A. Pharmacy**

Get personalized Pharmacy Care from Sam Rouman R.Ph., B.Sc. Phm.

**Seniors Discount is EVERYDAY • Free Delivery**

- Compression Stockings
- Free Blood Pressure monitoring
- Various Vaccine injections
- Free blood glucose monitors
- Prescribing for various common ailments

Call us NOW for all your pharmacy needs  
Visit us at www.highlandplazapharmacy.ca

**\$5 OFF on any Front Store purchase over \$20 not including codeine products**

75 Dundas Street North 519-740-7070

**DE SOUSA AUTO SERVICE**

PROFESSIONAL SERVICE  
25 Galt Ave. 519-622-2370



**Shopping Locally Saves Gas**

Personal Care • Family Respite • Companionship • Meal Preparation  
Housekeeping • Transitions of Care • Laundry • Home Support

Call to schedule a FREE at-home consultation  
guelph-cambridge@comforcare.com  
519-835-2273 ComForCare HOME CARE

**Remember...**

Let our advertisers know you saw their ad here.



**JL RENOVATIONS**

Quality Work at a Fair Price!  
Renovations • Bathrooms  
Kitchens • Basements • Floors  
Jan Lecki 519-404-3869

**Todd Dietrich AMP**

Mortgage Agent, #M08006364  
Brokerage, 11621

226 King St. E.  
519-620-0053  
ToddDietrich.ca




**excel MORTGAGE**  
canada connection

**CAMBRIDGE GARDEN CENTRE**

Soils, mulches, gravels  
natural stone & interlock  
1718 Morrison Rd. 519-622-1173

**john bayus park LTD.**

Year-Round Adult Living - Just north of Sheffield  
New Modular Homes Available  
Almost 50 years a community 519-622-7555  
Visit www.johnbayuspark.ca



**heritagemeadows**  
retirement living

Book your tour with a complimentary lunch today  
Dorothy 519-572-4427 • brightwaterseniorliving.com





**THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637**

**AZORES CAMBRIDGE BAKERY**

244 Elgin St. N.  
519-623-2660  
Joe R. Couto



**IT'S WISE TO ADVERTISE!**

**Di Pietro**

Fresh Meat & Delicatessen  
Where Only The Best, Is Good Enough!  
Di Pietro Plaza  
30 Glamis Rd. 519-622-3222

Don't leave our advertisers HANGING!

Please patronize and tell them that you appreciate their support

Your advertisers make this bulletin possible

**EAT LOCAL SHOP LOCAL ENJOY LOCAL**



**Willow Acres Pet Boarding**

McLean Rd & Highway 8  
519-623-9000  
WillowAcresPetBoarding.ca



**Main & Concession Dental**

**Dr. George Bal & Associates**

Your Neighbourhood Family Dental Office  
194 Concession St. (at Main St.) 519-621-3341

Call 1-800-268-2637 for this space

1206 Cheese Factory Rd.  
519-622-0555  
www.savannahgolflinks.ca

