

St. Ambrose Church



210 South Street, Cambridge ON N1R 2P4 519-621-2013

Email: stambrose@golden.net Website: stambrosecambridge.ca

OFFICE HOURS: Monday to Thursday 9am to 4pm, Friday 9am to 2pm. After hours by appointment only.

WEEKEND HOLY MASSES:

Saturday 5:00 pm

Sunday 9:00 am and 11:00 am

SACRAMENT OF RECONCILIATION:

Tuesday, Thursday, and Friday from 8:30 am to 9:30 am

Wednesday 6:00 pm to 6:45 pm

Saturday 4:00 pm to 4:45 pm

Sunday from 8:00 am to 8:45 am; 10:15 am to 10:45 am

Fr. Gary Schlack - Pastor

Fr. Michael King, retired - in residence

Rev. Mr. Paul Klaassen - Deacon

Barbara Roy - Administrative Assistant

Myra Klaassen - Parish Ministry

Rose Capistrano - Youth Ministry

Sandy Figueiredo - Sacristan/Custodian

Carol Renner - rectory housekeeper

PARISH SCHOOLS: St. Anne School 519-621-8920
Holy Spirit School 519-621-8973

St. Vincent de Paul School 519-740-0678
Monsignor Doyle High School 519-622-1290

BAPTISM - The Baptism Preparation Program for parents is required before a Baptism date is scheduled.

MARRIAGE - Contact the parish office at least 12 months in advance, as Marriage Preparation is required.

VISITS and COMMUNION TO THE SICK - Inform the parish office of hospitalization or home confinement.

FOR THE HOSPITAL/HOSPICE/PATIENTS

Need a Catholic Priest? Please call 519-404-5344

Priests are available 24/7, for emergency ministry, e.g. 'Anointing of the Sick' or 'Last Rites'

For non-emergency ministry please contact your local parish or the hospital/hospice spiritual care team.

SOCIETY OF ST. VINCENT DE PAUL - for assistance with food vouchers, leave a message at 519-623-8764

- St. Vincent de Paul Value Store 519-629-0103

First Saturday Promise:

"Behold, my daughter, my Heart encircled with thorns, with which ungrateful people pierce It at every moment by their blasphemies and ingratitude. Give me consolation, you, at least; and make known on my behalf that I promise to assist at the hour of death, with the graces necessary for salvation, all who on the First Saturday of five consecutive months: 1) confess their sins, 2) receive Holy Communion, 3) recite five decades of the Rosary, 4) keep me company for fifteen minutes meditating on the mysteries of the Rosary, 5) and have the intention of making reparation to my Immaculate Heart."

(Our Lady of Fatima's message to Lucia)

First Saturday Masses are held at 8:00 am each month at St. Ambrose Church.

EIGHTH SUNDAY IN ORDINARY TIME

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting.

We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: *"Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."* (Catechism of the Catholic Church, no. 2446).

Bible Verse when Fasting for Lent

Matthew 6:16-18:

"And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father, who sees all, will reward you."



Monday, March 3

9:00 am - Mass and Holy Face Novena

Tuesday, March 4

8:00 am + MARIA MOURA daROSA – Maria DaSilva

7:00 pm - Mass and Holy Face Novena

CONFESSIONS at 8:30 am to 9:30 am

Adoration of the Blessed Sacrament 8:30 – 9:30 am

Wednesday, March 5 – ASH WEDNESDAY

8:00 am + JOSEPH TRAN – Theresa Tran

1:00 pm – *Prayers for the Sick - everyone welcome.*

Please enter through parking lot side door.

7:00 pm + SOULS IN PURATORY

+ JORGIANA MELO & DECEASED FAMILY – Tina

+ NELIA VARGAS SILVEIRA – Zelia B.

- the intentions of Joseph Csergo

CONFESSIONS at 6:00 pm to 6:45 pm

Adoration of the Blessed Sacrament 6pm to 7pm

Thursday, March 6

8:00 am – Intentions of Tony and Shirley Borges

CONFESSIONS at 8:30 am to 9:30 am

Adoration of the Blessed Sacrament 8:30 – 9:30 am

Friday, March 7

8:00 am – intentions of Audrey Shaw – Frances Oram

CONFESSIONS at 8:30 am to 9:30 am

Adoration of the Blessed Sacrament 8:30 – 9:30 am

6:30 pm – STATIONS OF THE CROSS

Saturday, March 8

8:00 am – Healing of the Family Tree Mass

CONFESSIONS at 4:00 pm to 4:45 pm

5:00 pm – intentions of Ikenna Ngwaba

+ MARC & RITA VILLENEUVE – Margie

+ EDUARDA LOPES – Angela Comini

+ FRANCISCO FARIA – his wife

+ JOAO & MARIA CHAVES and FAMILY

+ MARIA DOMENICA & SEBASTIANO RINALDI - Elia

Sunday, March 9 – First Sunday of Lent

9:00 am + STEPHEN GUETH – Connie and Frank

11:00 am – for the intentions of all parishioners

CONFESSIONS: 8:00 to 8:45 am and 10:15 am to 10:45 am

Pro-Life Prayer Vigil - Thursday, March 6, 2025, from 10:00 a.m. to 11:00 a.m. Across the street from Freeport Hospital, 3570 King St. E., Kitchener, to pray for babies being aborted. All are welcome to pray quietly. Parking opposite hospital in Schneider Park.



Ash Wednesday Masses
March 5th at 8:00 am and 7:00 pm

Ash Wednesday and Good Friday are days of fast and abstinence. Fasting is for those who are 14 to 60 years of age. Fasting is reducing our food intake and no snacking, unless a person has a medical condition which prohibits fasting. Abstinence (no meat) is for those 14 years of age and older. (juice/water/milk, etc. and medication is always permitted).

Youth Nights for High School Students

St. Ambrose Parish Hall

Tuesday March 11 and 25 @ 6pm to 8pm

Please enter through the side door of the church, on the parking lot side.

For information please email Rose, coordinator of Youth Ministry at youth@stambrosecambridge.ca

Elementary Youth Group is held in our church hall on the **first and third Mondays of the month, 6pm to 8pm**. Come out to join the fun!!

Couples for Christ

Couples for Christ is a Catholic movement intended for the renewal and strengthening of Christian Family Life. Couples for Christ will be conducting a Christian Life Program at St. Ambrose Church. This 4 session seminar will run every Saturday – March 8, 15, 22, 29 – from 1 pm to 4p in our Parish hall. These sessions are for adult individuals and couples to help re-focus and deepen their relationship with Jesus as well as strengthen family life. This a free seminary. Coffee and light snacks provided, as well as on-site child care will be available.

The 2025 World Day of Prayer for the Galt Area of Cambridge is being hosted by St. Patrick's Roman Catholic Church, 53 Wellington St., Cambridge, on Friday, March 7, at 2:00 pm. This year's prayer programme has been prepared by the Christian women of Cook Islands with the theme "*I Made You Wonderful*" from Psalm 139. Everyone is welcome!

Our accessible, main floor washroom, now has a **baby change table**, to assist parents with their little ones.

Lenten Healing Mission

St. Ambrose Parish will host a Lenten Healing Mission from **March 15 to 19, 2025**. It will be led by **Father Bill Trusz, Papal Missionary of Mercy**, and the St. Therese Healing Ministry Team. Father Bill will be preaching at our weekend Masses on the topic of healing. The weeknight **Masses will begin at 7:00 pm** and during each evening a different aspect of healing will be explored:

- Mon. March 17 – Healing from Helplessness
- Tues. March 18 – Healing from Trauma
- Wed. March 19 – Healing of Families

Wednesday evening will include Exposition and Procession of the Blessed Sacrament, Benediction, Teaching on Healing of Families, Holy Mass and individual healing prayers.

Sacrament of Reconciliation will be available:

- Monday March 17 - 10am to 12 noon;
and 4:00 pm to 6:30 pm
- Tuesday March 18 - 10am to 12 noon;
and 4:00 pm to 6:30 pm
- Wednesday March 19 - 10am to 12 noon;
and 4:00 pm to 6:30 pm

Daughters of the King Ladies' group will not be held on Tuesday March 18th, in order to allow ladies to attend the Lenten Mission night in the Church.



DIOCESAN WEDDING ANNIVERSARY MASS

Sunday, June 1, 2025 at 1:30 pm

Cathedral Basilica of Christ the King in Hamilton

This is an annual Mass, with the Bishop, for couples celebrating their 25th, 40th, 50th, 60th or 60th plus Wedding Anniversary!

Mass includes a renewal of marriage vows by all participating anniversary couples. A formal invitation (including general information and directions) is mailed to the home of the anniversary couple once registration has been received. **Register online** at the Hamilton Diocese website – look under "events" hamiltondiocese.com Due to the large numbers of couples who register for the Mass, only those couples married 60 or more years may bring a guest, as there will be no remaining seats to accommodate guests. Registration required!

Stations of the Cross

On Friday evenings during Lent the Stations of the Cross will be prayed at **6:30 pm**. This is a wonderful Lenten devotion for you and your family.

Service built on a simple idea...

Locally Owned & Operated



...we care.

Steve Parker, Owner & Managing Director
95 DUNDAS STREET NORTH, CAMBRIDGE • 519-740-0669

SHOPPERS DRUG MART

Open 7 Days a Week till Midnight
115 Dundas St. 519-623-5920

RAPOSO FINANCIAL SERVICES

JOHN RAPOSO
Financial Planning Specialist
Bus 519-623-2700 Cel 519-241-8070

DUMFRIES MEMORIALS
Established 1908
670 Fountain St. N.
519-650-0190

Euro Pastry & Bakery

Fresh Bread & Pastries Daily
115 Christopher Dr. 519-623-3280

DUNDAS AUTOBODY

Garagem de Bate Chapa e Pintura
450 Dundas St. S.
519-623-7040

SWISS \$5.00 OFF CHALET any purchase over \$25
ROTISSERIE & GRILL
(before Tax, not valid with any other offer)

DINE IN, WALK IN or TAKE OUT ONLY
VALID ONLY AT

101 Dundas 519-624-9595
506 Hespeler 519-623-5807

Goad and Goad LAW FIRM

Estate and Wills • Powers of Attorney
Real Estate & Business Law
519-623-7660
www.goadandgoad.com

ELGIN NORTH AUTO BODY LIMITED

Serving the Community Since 1981
Mario George & Roberto Fernandes
232 Elgin St. N. 519-623-0393

XPERT TRANSMISSION
A TOTAL CAR CARE

390 Hespeler Rd. 519-624-2400

BATISTA Heating & Air Conditioning Ltd.

Sales • Service • Installations
519-622-6902
Owner/Operator • Dave Batista

PEGASUS

519.620.7991
pegasus-glass.com

Highland I.D.A. Pharmacy

Get personalized Pharmacy Care from Sam Rouman R.Ph., B.Sc. Phm.

Seniors Discount is EVERYDAY • Free Delivery

- Compression Stockings
- Free Blood Pressure monitoring
- Various Vaccine injections
- Free blood glucose monitors
- Prescribing for various common ailments

Call us NOW for all your pharmacy needs
Visit us at www.highlandplazapharmacy.ca

\$5 OFF on any Front Store purchase over \$20 not including codeine products

75 Dundas Street North 519-740-7070

DE SOUSA AUTO SERVICE

PROFESSIONAL SERVICE
25 Galt Ave. 519-622-2370



Shopping Locally Saves Gas

Personal Care • Family Respite • Companionship • Meal Preparation
Housekeeping • Transitions of Care • Laundry • Home Support

Call to schedule a FREE at-home consultation
guelph-cambridge@comforcare.com
519-835-2273 ComForCare HOME CARE

THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!



TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637

AZORES CAMBRIDGE BAKERY

244 Elgin St. N.
519-623-2660
Joe R. Couto

IT'S WISE TO ADVERTISE!

JL RENOVATIONS

Quality Work at a Fair Price!
Renovations • Bathrooms
Kitchens • Basements • Floors
Jan Lecki 519-404-3869

Todd Dietrich AMP

Mortgage Agent, #M08006364
Brokerage, 11621

226 King St. E.
519-620-0053
ToddDietrich.ca



excel MORTGAGE
canada connection

CAMBRIDGE GARDEN CENTRE

Soils, mulches, gravels
natural stone & interlock
1718 Morrison Rd. 519-622-1173

john bayus park LTD.

Year-Round Adult Living - Just north of Sheffield
New Modular Homes Available
Celebrating 50 years a community 519-622-7555
Visit www.johnbayuspark.ca



Don't leave our advertisers HANGING!

Please patronize and tell them that you appreciate their support

Your advertisers make this bulletin possible

EAT LOCAL SHOP LOCAL ENJOY LOCAL



Willow Acres Pet Boarding

McLean Rd & Highway 8
519-623-9000
WillowAcresPetBoarding.ca



Main & Concession Dental

Dr. George Bal & Associates

Your Neighbourhood Family Dental Office
194 Concession St. (at Main St.) 519-621-3341

Remember...

Let our advertisers know you saw their ad here.



1206 Cheese Factory Rd.
519-622-0555

Savannah Golf Links
www.savannahgolflinks.ca

